

## Child abuse and neglect, sexual abuse and domestic violence

# WHAT IS CHILD ABUSE ?



Verbally abusing a child



Teasing a child unnecessarily



Exposing a child to pornographic acts or literature.



Touching a child where he/ she doesn't want to be touched.



Forcing a child to touch you.



Breaking down the self-confidence of a child.



Hitting or hurting a child - often to relieve your own frustration.



Manipulating a child



Not taking care of a child, for example: unclean, unclothed, unfed child



Using a child as a servant



Not listening to a child



Neglecting emotional needs of a child



Making your own child a 'servant' depriving of time for education/leisure



Hitting and ridiculing a child at school



Neglecting a child's medical needs



Neglecting a child's educational needs



Leaving a child without supervision



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## YOU YOURSELF GET OUT OF CONTROL OR CROSS OTHERS' BORDERS

When you feel you have become abusive towards your dear ones (aggressive, forceful, controlling, bullying, irritating, falsifying, lying, denying, isolating, financially abusing, neglecting their physical or emotional needs or have an issue with respecting sexual borders), **please ask for help (a very important step 1)**, see <https://dewaagnederland.nl> for specialised help and call Veilig Thuis (Safe Home) at 0800-2000 24 hours a day 7 days a week, see <https://veiligthuis.nl> .

## YOUR OWN OR SOMEONE ELSE'S BORDERS ARE BEING TRANSGRESSED

If you suspect child abuse or neglect, domestic violence or sexual abuse or when you experience abuse yourself you can discuss this with your therapist or doctor and call Veilig Thuis (Safe Home) at **0800-2000** 24 hours a day 7 days a week, see <https://veiligthuis.nl>. Please watch these vimeo messages from Team-Kim <https://vimeo.com/409240633> (for children and adolescents) or <https://vimeo.com/409234045> (for professionals and others).

## IN CASE OF RAPE OR SEXUAL ABUSE

If you yourself were raped or sexually abused you can call a CSG (Centre for Sexual Assault) at **0800-0118** 24 hours a day 7 days a week, see <https://www.centrumseksueelgeweld.nl/csg-en/> and <https://www.watkanmijhelpen.nl/victim-blaming/documentaire-sunny-bergman>

See the factsheet for core numbers about sexual abuse: [Factsheet cijfers over seksueel geweld in Nederland](#) (klik op de link of het plaatje om te vergroten)



In case of child abuse and neglect or sexual abuse Dutch law requires assessment according to the reporting code child abuse and neglect. This may involve collaboration with or mandatory reporting to 'Veilig Thuis' ('Safe Home'), multidisciplinary centers for child abuse and neglect and other child protection services or (inter)national legal and security services even if you signed a privacy statement or enjoy diplomatic immunity. It also requires consultation of external and internal colleagues and time for writing letters, reports or filling out paperwork. All this time of all team members will be invoiced on top of your regular treatment.

If you have a concern about possible child abuse and neglect or sexual abuse it is your adult duty to seek help for the children and family involved as soon as possible. We offer the right diagnostic assessments, counselling and



treatment options for victims. Perpetrators are being referred to De Waag, <https://dewaagnederland.nl>.

See also

<https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/>

<https://aifs.gov.au/cfca/publications/what-child-abuse-and-neglect>

<https://www.childwelfare.gov/pubs/factsheets/whatiscan/>

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